



Identity Month

Week 2 Discussion Guide

Embracing Your Identity in Christ

Focus: How Your Identity in Christ Makes a Difference Personally

When we embrace our God-given identity, it makes a difference in how we see ourselves.

"The voice you listen to is the voice that defines you." Jonathan David Helser

Scripture Reading

- Psalm 139:17-18
- Nehemiah 9:17
- Ephesians 2:4-5

Questions for Discussion

- What does Nehemiah 9:17 say about God's character? Based on that character, what kinds of words would come out of His mouth about you?
- How does the Father feel about you? Based on this verse, is He going to speak kindly or harshly to you? This is how we know the voice of the Father in our minds and hearts.
- Discuss how there are thoughts in our minds that are unkind words about ourselves. Sometimes these are from mean things that people say, and sometimes the devil whispers them to us. It's important to know when we are believing these unkind things and to cast them out of our thoughts and believe what God says about us.
- Use the Identity in Christ tool to identify a God-given identity that is significant for you at the moment. Look up and read the verse. Consider memorizing it.
- Read Isaiah 55:3 and Jeremiah 33:3. Take 5 minutes to be quiet and turn your thoughts to God. Ask Him to tell you who you are to Him. Remember from the scriptures above God will only speak things that are out of love and kindness.

Activity for Children

- Ask your children if they have any unkind words about themselves in their minds. Reiterate that it is not true, pray over the lie, cast it out, and ask the Father to replace it with the truth. Pray the truth over them.
- Draw a picture of what they hear God speak during prayer or what picture comes up in their minds.

Find More Resources & Activities

IdentityMonth.org

Identity Month is a season set aside (month of June) to focus on our God-given identity and how to live in that.